

Major Depression Tied to Reduced Arginine Levels. Individuals with **major depressive** disorder (MDD) have relatively **low** levels of arginine, which impairs production of **nitric oxide** (NO) and leads to an increase in oxidative stress, new research shows. Mar 6, 2018

<https://www.sciencedirect.com/science/article/abs/pii/S0165032717318372?via%3Dihub>



Journal of Affective Disorders

Volume 229, 15 March 2018, Pages 145-151



Research paper

Global arginine bioavailability ratio is decreased in patients with major depressive disorder

Toni Ali-Sisto ^{a, *}, Tommi Tolmunen ^b, Heimo Viinamäki ^{a, b}, Pekka Mäntyselkä ^c, Minna Valkonen-Korhonen ^{a, b}, Heli Koivumäa-Honkanen ^{a, b, d, i, j, k}, Kirsi Honkalampi ^e, Anu Ruusunen ^{b, f}, Jatin Nandania ^g, Vidya Velagapudi ^g, Soili M. Lehto ^{a, b, h}

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<https://doi.org/10.1016/j.jad.2017.12.030>

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Batya Swift Yasgur, MA, LSW

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