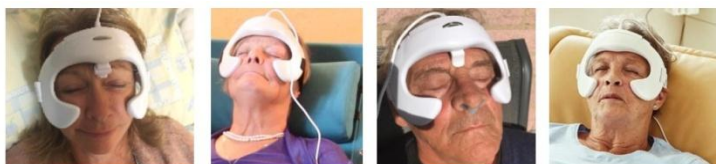




# The HUMMING MASK<sup>®</sup>

Improve your Bio Nitric Oxide  
By Natural Humming



The presence of Nitric oxide (NO) is required for oxygen exchange to our cells which is significant for the correct functioning of all our organs. (source: Dr. J. Stamler USA, see link). The Humming Mask<sup>®</sup> is a facial massage Mask, which is functioning by programmed resonance, promoting the release of Bio-Nitric oxide originated from our sinuses.

## Loss of Endothelial Nitric oxide

In all people over 50/55 years of age the Natural production of NO decreases and therefore it reduces our resistance, resulting in age-related ailments, like loss of memory, arthritis, bad sleep quality etc.

## Nitric oxide and alternative remedy's

Most treatments are based on the release and activating the Bio-Nitric oxide. (source: MA Sheng-xing, see link). This research describes that the efficiency of treatments is linked to the release of Nitric oxide.

## The functioning of the Humming Mask

The Humming Mask<sup>®</sup> is based on medical reports from the Karolinska Institute in Sweden. It shows that a decrease of NO in later life can be compensated by the permanent presence of Nitric oxide in the sinuses. Through resonance, the Nitric oxide is delivered to the body so that the shortage will be compensated. (source: Weitzberg / Lundberg, see link).



**DISCOUNT  
CODE:**

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## The idea behind the Humming Mask

The Humming Mask<sup>®</sup> is based on a thousands years old technique that monks perform while they chanting and meditate, resulting in a overall Long and healthy life. Today we know this is all happens by recovered Bio-Nitric Oxide. One session lasts 22 minutes. On average, 1 to 2 sessions per day is sufficient to bring back our NO to a preferred level.

## Nitric oxide, sleep and the Humming Mask<sup>®</sup>

Many studies have been published regarding the effect of NO. The conclusion of one of this study's is that the Humming Mask<sup>®</sup> improve sleep observed in the test pits. (see link). Other studies confirm increased health in like:

- Improved blood flow
- Improved Memory
- Erectile Dysfunction
- Lower Blood Pressure
- lessen Major depression,
- faster wound healing, etc... resulting in a longer wellbeing.

## Sources and links

- 1 Nitric oxide and delivery of oxygen to cell tissue: Dr. J. Stamler <https://www.medicalnewstoday.com/articles/292292.php>
- 2 Nitric oxide, acupuncture and pain reduction: MA Sheng-xing <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5761672/>
- 3 Getting older and the action of acupuncture: Sheng-Xing Ma <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4664911/>
- 4 Nitric oxide release via resonance through the sinuses: Weitzberg/Lundberg <https://www.ncbi.nlm.nih.gov/pubmed/12119224>
- 5 The Humming Mask<sup>®</sup>: Nitric oxide, insomnia: D.M.Kuhn / Prof.P.C.Baier <https://www.ncbi.nlm.nih.gov/pubmed/12119224> [first conclusions/hummingmask/scientific-study](https://www.thehummingmask.com/first-conclusions/hummingmask/scientific-study)

For more details and underlying scientific publications on Nitric oxide and the Humming Mask<sup>®</sup>, please visit the site [www.thehummingmask.com](http://www.thehummingmask.com) or contact one of our offices. The Humming Mask<sup>®</sup> is a mechanical massage device FDA (USA) cleared, medical "class 1" and is classified as an over the counter (OTC) product. All rights patent Pending.

## DE HUMMING MASK©

Nitric oxide activation system.  
Resonance based programmed function.  
Personal time controlled use.

Model HM-G3©

### Accessories:

Hygienic silicones face pads.	HMG3-2011
Hygienic foam face pads.	HMG3-2012
Nasal breathing Silicone NoseTubes	HMG3-2022
Comfort headband ear free model.	HMG3-2033
Wall Power supply volt changer.	HMG3-2044
Single Face mask G3.	HMG3-2055
Single Face mask G4.	HMG3-2066

### Technical specifications:

Model: Humming Mask© HM-G3 (home use)

Parts and materials are FDA/CE approved silicone (Latex free).

The Humming Mask as face massage Mask, as an Over the counter (OTC) product, FDA exempt of Pre-market (510 (K) and manufactured conform CE protocols.

### Operation conditions:

Ambient Temperature +/- 15 - 40°C.

Operating temperature: 10°C - 40°C (50°F - 104°F);

Humidity 20 to 75% RH.

Storage temperature: -10°C - 70°C (14°F - 158°F);

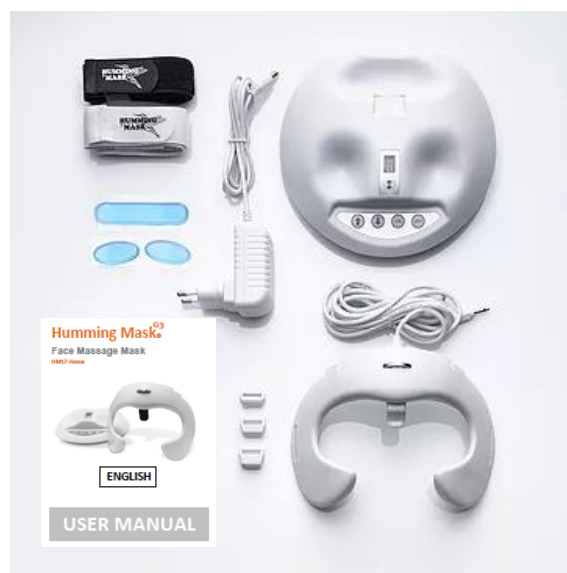
Memory cap. Electro I-Chip 18 cat.

### Power source:

Power supply AC Adaptor

Input 100-220 volt <.>

Output 3.0 – 3.5 volt <.>



### Frequency range:

Up/High approximately <140 to 160> Hertz, or 8400 RPM.

Low/down approximately <110 to 130> Hertz, or 7400 RPM.

Bio-NO intensity output: Plus 8 to 14 times build up compared by silent breathe.

### Dimensions:

Outer dimensions: 8 x 8 x 7 inch. 21 x 21 x 18 cm.

Product dimensions: 18cm (L) x 15cm (W) x 12cm (H).

Product dimensions: 8 inch. (L) x 8 inch. (W) x 7 inch. (H)

Weight: 4 pond – 1.8 kilograms;

### Energy saving:

Wall power supply is switched off when the base is switched off. This means that the power supply connected to the wall outlet does not consume any energy when not in use.

For the Quick-Start and General manual and any other questions, please contact the Customer Service in your neighborhood or contact the Online Customer Service via our website. [www.thehummingmask.org/support](http://www.thehummingmask.org/support)